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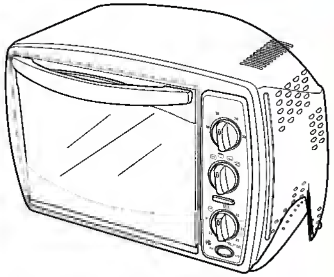

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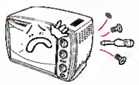

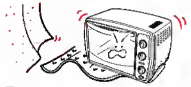

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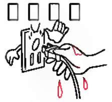

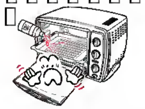

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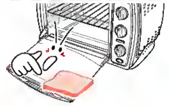

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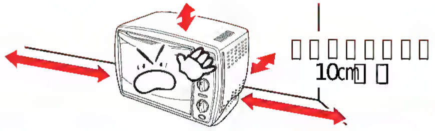
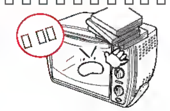
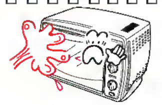
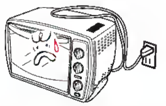
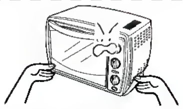


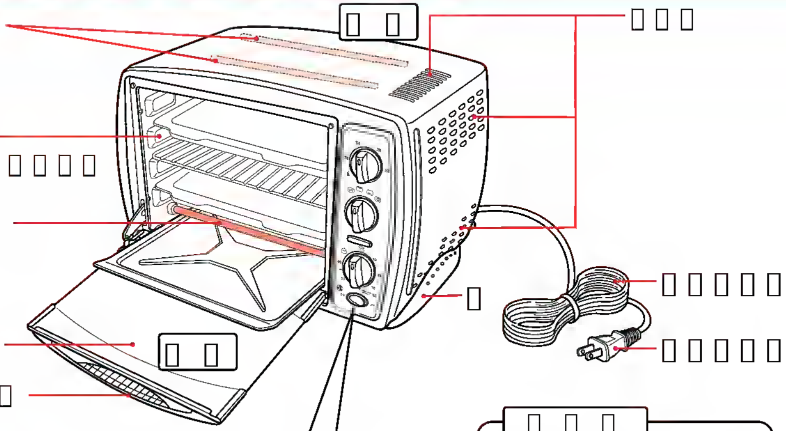
10cm

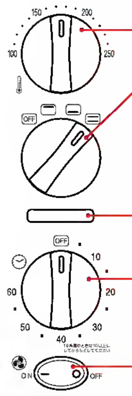








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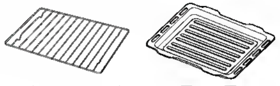

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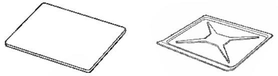

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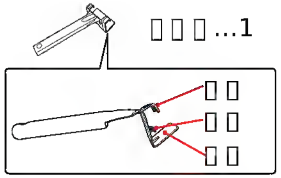

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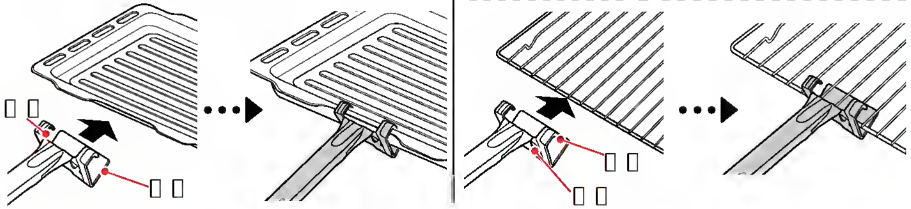
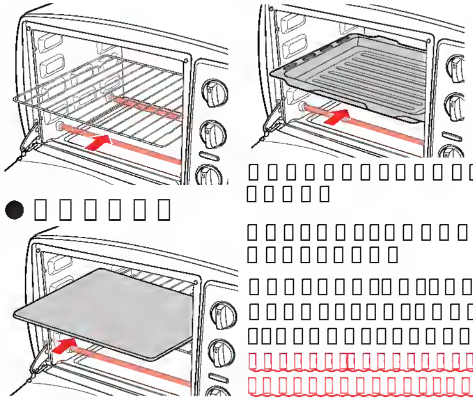
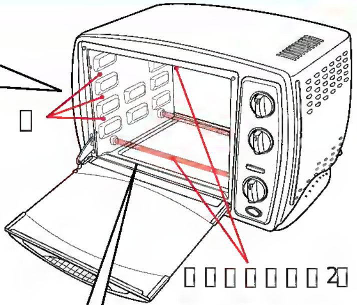
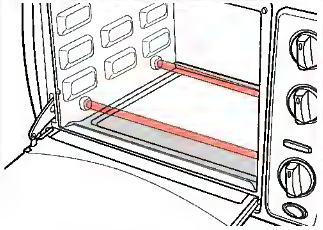




230℃ 20





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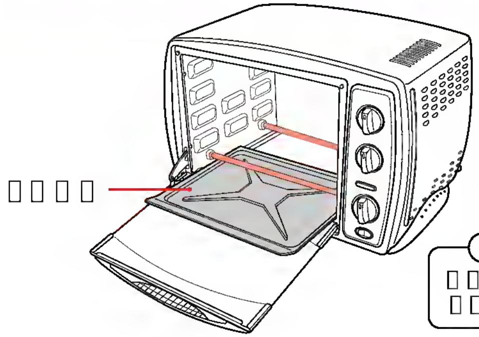

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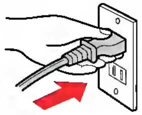

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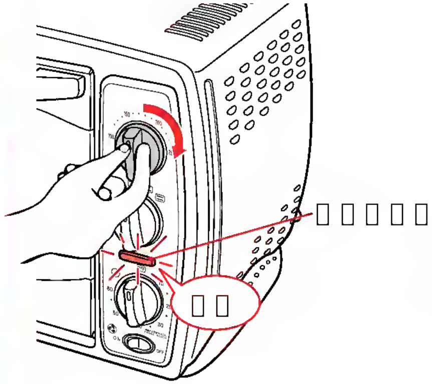

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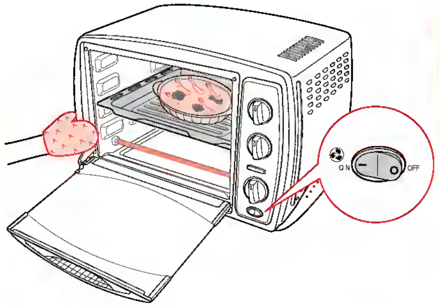

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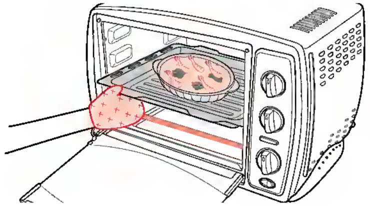

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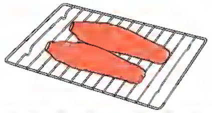
焼きいも

[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
250°C	35～40[illegible]	[illegible]	250°C	[illegible]	ON



[illegible] サツマイモ（直径約5cmのもの）[illegible] 2[illegible]

[illegible]

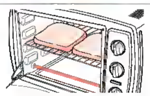
① [illegible]

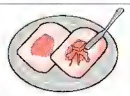
② 250°C[illegible] 35～40[illegible]

[illegible]

[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
[illegible]	7[illegible]	[illegible]	250°C	[illegible]	ON

[illegible]



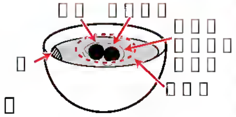


[illegible]

[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
230°C	15～20[illegible]	[illegible]	230°C	[illegible]	ON

[illegible] 23cm

[illegible] 80ml
[illegible] 120g
[illegible] 1/2 [illegible] 5g[illegible]
[illegible] 1/2 [illegible] 3g[illegible]
[illegible] 1/2 [illegible] 4g[illegible]
[illegible] 1/2 [illegible] 1.5g[illegible]
[illegible] 1/2 [illegible] 7g[illegible]



[illegible]

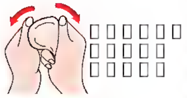
① [illegible]

② ① [illegible]

③ [illegible]

④ [illegible]
- [illegible] 20～30[illegible]

⑤ [illegible] 40[illegible]
- [illegible] 2[illegible] OK[illegible]
- [illegible]…[illegible]



⑥ [illegible]

⑦ [illegible] 15～20[illegible]

⑧ [illegible] 230°C[illegible] 20[illegible]

⑨ [illegible] 23cm[illegible]

⑩ [illegible]

[illegible] ⑩ [illegible] 15～20[illegible]

[illegible]

[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
230°C	8～10[illegible]	[illegible]	230°C	[illegible]	ON

[illegible] 14cm[illegible] 1[illegible]

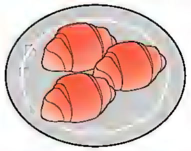
[illegible] 20[illegible] 8～10[illegible]

[illegible]

[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]
180°C	15～20[illegible]	[illegible]	180°C	[illegible]	ON

[illegible] 6[illegible]

[illegible] 70ml
[illegible] (M[illegible]) [illegible] 1/2[illegible] 30[illegible]
[illegible] 140g
[illegible] 1 1/2 [illegible] 15[illegible]
[illegible] 1/4 [illegible] 1.5[illegible]
[illegible] 20g
[illegible] 1 1/2 [illegible] 12[illegible]
[illegible] 1～3[illegible]



[illegible]

① [illegible]

② [illegible]

③ [illegible]
- [illegible] 20～30[illegible]

[illegible]

④ [illegible] 45°C[illegible] 1[illegible]
- [illegible]

[illegible]

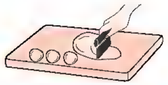
⑤ [illegible]

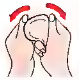
[illegible]

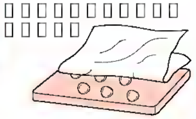
⑥ [illegible] ④ [illegible] 1[illegible] 2～2.5[illegible]

⑦ [illegible] 6[illegible]

- [illegible]…[illegible]



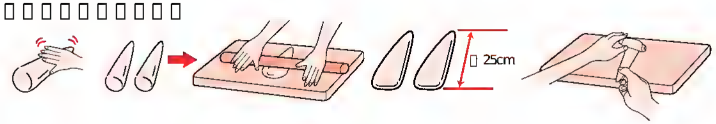




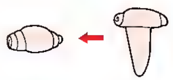
[illegible]

⑧ [illegible] 15～20[illegible]

⑨ [illegible]

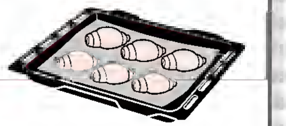


⑩ [illegible]
- [illegible]…[illegible]



[illegible] 35°C[illegible] 30～40[illegible]
- [illegible] 2～2.5[illegible] OK[illegible]

[illegible] 180°C[illegible] 15～20[illegible]



[illegible]

[illegible] 160°C | [illegible] 35[illegible]40[illegible] | [illegible] | [illegible] 160°C | [illegible] | [illegible] ON

[illegible] 18cm[illegible]

[illegible] (M[illegible]) [illegible] 3[illegible] 165[illegible]
[illegible] 90g
[illegible] 90g
A [illegible] 15g
[illegible] 1[illegible] 15[illegible]

[illegible]

① [illegible]
② [illegible]
③ [illegible] 2[illegible]3[illegible] 5[illegible]10[illegible] 3[illegible]4[illegible]
- [illegible]

④ [illegible]
- [illegible]…[illegible]

⑤ A[illegible]
- A[illegible]

⑥ [illegible] ⑤ [illegible] 10cm[illegible]
⑦ [illegible] ⑥ [illegible] 160°C [illegible] 35[illegible]40[illegible]

[illegible]

[illegible]

[illegible]

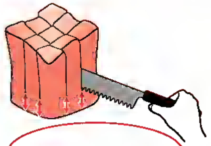
[illegible] | [illegible] 14[illegible]18[illegible] | [illegible] | [illegible] 200°C | [illegible] | [illegible] ON

[illegible]
[illegible] 1 [illegible]
[illegible] 30g
[illegible] 1[illegible]
[illegible]

[illegible]

① [illegible] 9[illegible] 2cm[illegible]
② ① [illegible]
③ 200°C [illegible] 14[illegible]18[illegible]
④ [illegible]
⑤ [illegible]

[illegible]



[illegible]

[illegible]

[illegible]

[illegible]

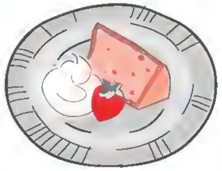
[illegible]

[illegible] 170°C | [illegible] 35[illegible]40[illegible] | [illegible] | [illegible] 170°C | [illegible] | [illegible] ON

[illegible] 17cm[illegible]

[illegible] (L[illegible]) [illegible] 3[illegible] 60[illegible]
[illegible] 70g
[illegible] 30ml
[illegible] 75g
[illegible] 2/3[illegible] 2[illegible]
[illegible] L [illegible] 4[illegible] 160[illegible]
[illegible] 2[illegible] 4[illegible]
[illegible] 20ml

[illegible]
[illegible] 100ml
[illegible] 10g

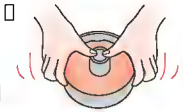


[illegible]

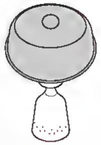
① [illegible]
② [illegible] OK[illegible]
③ [illegible] 2[illegible]3[illegible] 50ml[illegible]
④ [illegible] 1/3[illegible]
⑤ ④ [illegible] ③ [illegible]
⑥ ⑤ [illegible] ① [illegible]
⑦ [illegible]
- [illegible]

⑧ [illegible] 1/3 [illegible] ⑥ [illegible] 1/2 [illegible]
⑨ ⑧ [illegible] 20[illegible]
- [illegible]

⑩ [illegible] 2[illegible]3[illegible]
- [illegible]



[illegible] 170°C [illegible] 35[illegible]40[illegible]
[illegible]
[illegible]



[illegible]

[illegible]

[illegible] 1[illegible]
[illegible] 17g
[illegible] 100ml

[illegible]

① [illegible]
② [illegible]
- [illegible]

[illegible]

[illegible] 200°C [illegible] 30[illegible]40[illegible] [illegible] [illegible] 200°C [illegible] ON

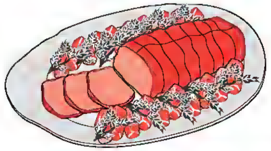
[illegible] 4[illegible]

[illegible] 700g

[illegible] 1[illegible] 10g[illegible]

A [illegible] 1 1/2 [illegible] 20[illegible]

[illegible] 3 [illegible] 45[illegible]



[illegible]

① [illegible]

② [illegible] 10[illegible]

③ [illegible] A [illegible]

④ [illegible]

⑤ [illegible] A [illegible]

⑥ 200°C [illegible] 30[illegible]40[illegible]

- [illegible] OK!

[illegible]

⑦ [illegible]

[illegible]

[illegible] 250°C [illegible] 15[illegible]20[illegible] [illegible] [illegible] 250°C [illegible] ON

[illegible] 2[illegible]

[illegible] 50g

[illegible] 100g

[illegible] 1/4 [illegible] 40[illegible]

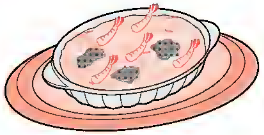
[illegible] 1/2 [illegible] 125[illegible]

[illegible] 20g

[illegible] 1 1/2 [illegible] 310[illegible]

[illegible] 1/2 [illegible] 100[illegible]

[illegible]



① [illegible]

② [illegible]

③ [illegible]

④ [illegible]

⑤ [illegible]

⑥ [illegible]

⑦ [illegible]

- [illegible]

⑧ [illegible]

⑨ [illegible] ⑧ [illegible]

⑩ 250°C [illegible] 15[illegible]20[illegible]

[illegible]

[illegible] 250°C [illegible] 60[illegible] [illegible] [illegible] 250°C [illegible] ON

[illegible] 4[illegible]

[illegible] 1[illegible] 800g[illegible] 1kg[illegible]

[illegible] 1/2 [illegible] 30[illegible]

[illegible] 1 1/2

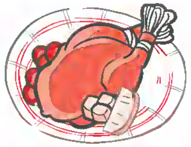
[illegible] 10g

[illegible] 5g

[illegible] 2 [illegible] 20[illegible]

[illegible] 1/2 [illegible] 125[illegible]

[illegible]



[illegible]

① [illegible]

② [illegible]

③ [illegible] 1 [illegible] 1kg [illegible] 10g [illegible]

④ [illegible]

- [illegible]

⑤ [illegible]

⑥ 250°C [illegible] 60[illegible]

- [illegible] OK[illegible]

[illegible]

[illegible] 180°C [illegible] 13[illegible]15[illegible] [illegible] [illegible] 180°C [illegible] ON

[illegible] 2[illegible]

[illegible] 200g

[illegible] 1/4 [illegible] 60[illegible]

[illegible] 1/2 [illegible] 5[illegible]

[illegible] 1/2 [illegible] 30[illegible]

[illegible] 1/4 [illegible] 40[illegible]

[illegible] 1 [illegible] 15[illegible]

[illegible] 1/4 [illegible] 1.5[illegible]

[illegible] 1 1/2 [illegible] 23[illegible]

[illegible] 1 1/2 [illegible] 23[illegible]

[illegible] 1/2 [illegible] 23[illegible]

[illegible] 1/2 [illegible] 100[illegible]

[illegible] 1/4 [illegible] 45[illegible]

[illegible] 1 [illegible] 14[illegible]

[illegible]

① [illegible]

② [illegible] 1.5cm [illegible]

③ [illegible]

④ [illegible] 2 [illegible]

⑤ [illegible]

- [illegible]

⑥ 180°C [illegible] 10[illegible] 5[illegible]

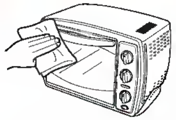
- [illegible]

⑦ [illegible]

[illegible] ... [illegible]

- [illegible]
- [illegible]
- [illegible]

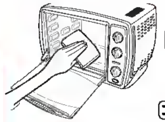
[illegible]



[illegible]

[illegible]

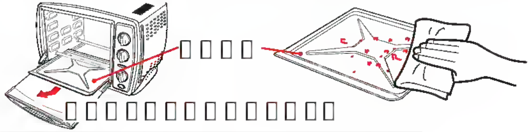
[illegible]



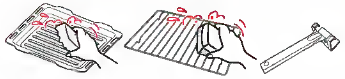
[illegible] 5・6 [illegible] 250℃ [illegible] 20 [illegible]

[illegible]

① [illegible]
② [illegible]

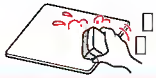


[illegible]



[illegible]

[illegible]



[illegible]

[illegible]

[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]
[illegible]	• [illegible] • [illegible] • [illegible] • [illegible]	• [illegible] • [illegible] • [illegible] • [illegible]
[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	

[illegible]

1. [illegible]
- [illegible]
- [illegible]
- [illegible]

2. [illegible] 1 [illegible]

3. [illegible]
- [illegible]
- [illegible]

4. [illegible] 5 [illegible]
- [illegible]
- [illegible]

5. [illegible]

[illegible]

[illegible]	[illegible]
[illegible]	[illegible]

[illegible]

[illegible]

☎ [illegible] 0120–337–455
FAX [illegible] 0256–93–1077
[illegible]

[illegible]

[illegible]

[illegible]	AC100V 50/60Hz [illegible]
[illegible]	1300W
[illegible]	[illegible] 440× [illegible] 350× [illegible] 300mm
[illegible]	1.2m
[illegible]	100℃～250℃
[illegible]	[illegible]

[illegible]

★ [illegible]

[illegible]